



Chartered Physiotherapist
Sport Scientist

Manipulative Therapy of the Spine
Sports Injury Treatment
Fitness Testing

Directions to Sport-Med

From the M60

Take junction 1 off the M60 at the Kings Valley Pyramid. Follow signs for Town Centre/Grand Central Leisure from motorway roundabout.

Go straight over at traffic lights keeping in left-hand lane as you pass under motorway.

At the roundabout take the second exit onto Heaton Lane in front of Kwik-fit. At the end of Heaton Lane you meet the A6 at traffic lights. Turn right up the hill to follow signs for Grand Central. Pass through a further two sets of traffic lights (McDonalds at second set).

After the second set of lights take the next turning on your left between the Royal Bank of Scotland and The Fone Shop to bring you onto Norbury Street.

We are situated next door to the mobile phone shop. There is a large sign over our premises.

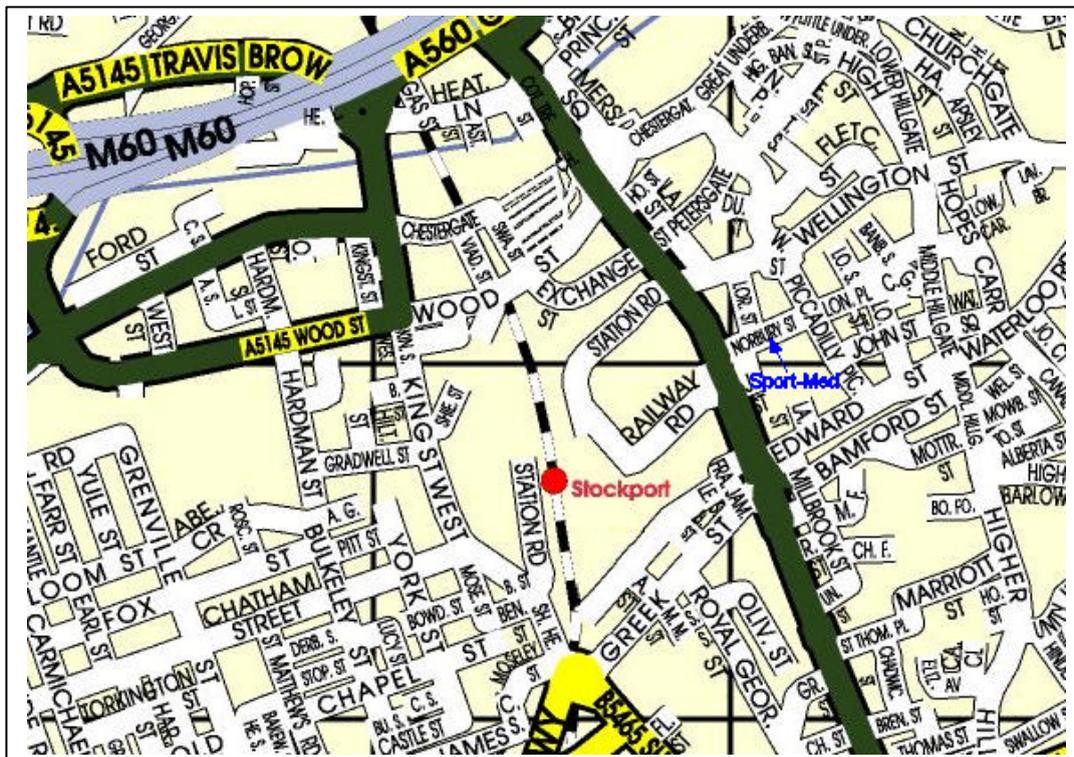
From Hazel Grove

Travelling along the A6 towards Stockport Town Centre. As you approach the Town Hall turn right off the A6 onto Edward Street. (No right turn off A6 onto Norbury Street).

Take the first left onto Piccadilly and next left again onto Norbury Street. We are situated at the far end on the left. There is a large sign over our premises.

Car Parking

Car Parking is in Pay and Display parking bays all around the Town Hall area (and in front of the Sport-Med Clinic). You will need 70p for one hour, £1 for two hours or £1.50 for three hours for the Pay and Display machines. The parking wardens are very strict. There is also parking across the main road (A6) adjacent to Grand Central Leisure Complex.



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